



Serving Size	Weight (g)	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrate (g)	Fibre (g)	Sugars (g)	Protein (g)	Vitamin A (%DV)	Vitamin C (%DV)	Calcium (%DV)	Iron (%DV)
--------------	------------	----------	---------------	-------------------	---------------	------------------	-------------	------------------	-----------	------------	-------------	-----------------	-----------------	---------------	------------

PIZZA (Number of slices per pizza: Small - 8, Medium - 10, Large - 12)																	
Pepperoni and Cheese																	
	Small 10"	1 slice	41	100	3	1.5	0.1	5	230	13	1	1	5	2%	2%	6%	6%
	Medium 12"	1 slice	63	150	5	2.0	0.1	10	360	20	2	2	8	2%	2%	10%	10%
	Large 14"	1 slice	70	170	5	2.5	0.1	10	400	22	2	2	9	2%	2%	10%	10%
Deluxe																	
	Small 10"	1 slice	60	130	4	2.0	0.1	10	290	17	2	2	7	2%	6%	8%	8%
	Medium 12"	1 slice	74	160	5	2.0	0.1	10	360	21	2	2	8	2%	8%	10%	10%
	Large 14"	1 slice	83	170	5	2.5	0.1	10	400	23	2	2	9	2%	10%	10%	10%
Canadian																	
	Small 10"	1 slice	60	150	6	3.0	0.1	15	350	17	2	1	8	2%	2%	10%	8%
	Medium 12"	1 slice	73	180	7	3.0	0.1	15	430	20	2	2	9	2%	2%	10%	10%
	Large 14"	1 slice	82	200	7	3.5	0.1	20	480	23	2	2	10	2%	2%	15%	10%
Hawaiian																	
	Small 10"	1 slice	60	130	4	2.0	0.1	10	320	17	2	2	8	2%	2%	10%	8%
	Medium 12"	1 slice	72	160	5	2.0	0.1	10	380	21	2	2	9	2%	2%	10%	10%
	Large 14"	1 slice	81	180	5	2.5	0.1	15	430	23	2	3	10	4%	4%	15%	10%
Veggie Sensation																	
	Small 10"	1 slice	62	120	3	1.5	0.1	5	270	17	2	2	6	2%	6%	8%	8%
	Medium 12"	1 slice	74	140	4	1.5	0.1	5	320	21	2	2	7	2%	8%	10%	10%
	Large 14"	1 slice	83	150	4	1.5	0.1	5	360	23	2	2	8	2%	10%	10%	10%
Hardy Meat Lovers																	
	Small 10"	1 slice	60	150	6	2.5	0.1	15	390	17	2	1	8	2%	2%	8%	10%
	Medium 12"	1 slice	74	180	7	3.0	0.1	20	480	20	2	2	10	2%	2%	10%	10%
	Large 14"	1 slice	83	210	8	3.5	0.1	20	530	23	2	2	11	2%	2%	10%	15%
Chicken Caesar																	
	Small 10"	1 slice	65	160	7	2.0	0.1	15	350	18	2	2	8	2%	6%	8%	8%
	Medium 12"	1 slice	75	180	7	2.0	0.1	15	400	21	2	3	9	2%	6%	10%	10%
	Large 14"	1 slice	84	200	8	2.5	0.1	15	450	23	2	3	10	2%	8%	10%	10%
Classic Greek																	
	Small 10"	1 slice	65	130	4	2.0	0.1	10	400	18	2	2	7	2%	6%	8%	8%
	Medium 12"	1 slice	78	160	5	2.5	0.1	10	480	22	2	3	8	2%	8%	10%	10%
	Large 14"	1 slice	88	180	6	3.0	0.1	15	540	25	2	3	9	2%	8%	10%	10%
Bacon Cheeseburger																	
	Small 10"	1 slice	71	170	6	3.5	0.1	20	420	18	2	2	11	4%	2%	15%	10%
	Medium 12"	1 slice	81	190	7	3.5	0.2	20	460	21	2	2	11	4%	2%	15%	10%
	Large 14"	1 slice	90	210	7	3.5	0.2	20	510	23	2	2	12	4%	4%	15%	15%
The Works																	
	Small 10"	1 slice	65	140	5	2.0	0.1	10	360	18	2	2	7	2%	6%	8%	8%
	Medium 12"	1 slice	78	170	6	2.5	0.1	15	440	21	2	2	8	2%	6%	10%	10%
	Large 14"	1 slice	89	190	6	3.0	0.1	15	490	24	2	3	9	2%	8%	10%	10%
Mardi Gras																	
	Small 10"	1 slice	70	160	6	3.0	0.1	15	430	17	2	2	9	2%	6%	10%	10%
	Medium 12"	1 slice	83	190	7	3.0	0.1	15	510	21	2	2	10	2%	6%	10%	10%
	Large 14"	1 slice	96	210	8	3.5	0.1	20	590	24	2	2	11	2%	6%	10%	10%
Personal Size (pepperoni and cheese)																	
	whole		298	730	22	10.0	0.0	45	1680	99	9	8	36	10%	10%	45%	40%
Panzerotti (pepperoni and cheese)																	
	whole		301	680	19	8.0	0.0	35	1510	97	9	8	32	8%	10%	35%	40%
Pizza Roll-Up (whole wheat tortilla)																	
	whole		222	560	26	10.0	0.0	45	1170	54	6	2	27	10%	4%	50%	20%

SUBMARINES (*white bun, cheese, lettuce, tomato, red onion, Italian dressing) (**white bun, cheese)																	
Assorted* (turkey, ham, salami)																	
	12"		426	740	33	9.0	0.4	50	3250	81	5	10	32	10%	15%	15%	40%
Ham*																	
	12"		427	690	28	7.0	0.4	35	3440	80	5	11	33	10%	15%	15%	35%
Turkey*																	
	12"		414	650	26	7.0	0.4	30	2730	79	5	9	27	10%	15%	15%	40%
Roast Beef*																	
	12"		416	710	27	8.0	0.4	60	3730	80	5	9	33	10%	15%	20%	50%
Salami*																	
	12"		404	790	38	11.0	0.4	60	3200	82	6	10	30	10%	15%	15%	45%
Club* (turkey, ham, bacon)																	
	12"		400	690	30	8.0	0.4	40	2960	80	5	10	29	10%	15%	15%	40%
BLT*																	
	12"		380	700	32	9.0	0.4	40	2610	80	5	11	25	10%	25%	15%	40%
Riverboat* (turkey, ham, salami)																	
	12"		523	880	41	12.0	0.4	70	4110	84	6	11	44	10%	15%	20%	45%
Cheese*																	
	12"		381	760	36	14.0	1.0	70	3250	82	6	10	30	20%	15%	35%	35%
Pizza** (pepperoni, mushroom, pizza sauce)																	
	12"		289	680	28	13.0	1.0	70	3060	77	5	7	32	10%	4%	25%	45%
Meatball** (mozzarella, meatballs, pizza sauce)																	
	12"		374	880	41	20.0	1.0	95	3120	86	8	8	46	10%	6%	40%	60%

WHOLE WHEAT SUBMARINES (*Whole Wheat bun, cheese, lettuce, tomato, red onion, Italian dressing) (**Whole Wheat bun, cheese)																	
Assorted* (turkey, ham, salami)																	
	12"		426	710	32	9.0	0.3	45	2340	75	7	9	31	10%	15%	15%	40%
Ham*																	
	12"		427	660	27	7.0	0.3	35	2530	74	7	10	32	10%	15%	15%	35%
Turkey*																	
	12"		414	620	25	7.0	0.3	30	1820	73	7	8	26	10%	15%	15%	40%
Roast Beef*																	
	12"		416	680	26	8.0	0.3	60	2820	74	7	8	32	10%	15%	15%	50%
Salami*																	
	12"		404	750	38	11.0	0.3	60	2300	76	8	9	29	10%	15%	15%	45%
Club* (turkey, ham, bacon)																	
	12"		400	660	29	8.0	0.3	40	2050	74	7	9	28	10%	15%	15%	40%
BLT*																	
	12"		380	670	31	9.0	0.3	40	1700	74	7	9	24	10%	25%	15%	40%
Riverboat* (turkey, ham, salami)																	
	12"		523	840	41	12.0	0.3	70	3200	78	8	10	43	10%	15%	15%	45%
Cheese*																	
	12"		381	730	35	13.0	1.0	70	2340	77	7	9	29	20%	15%	35%	40%
Pizza** (pepperoni, mushroom, pizza sauce)																	
	12"		289	650	27	13.0	1.0	70	2150	71	7	6	30	10%	4%	25%	45%
Meatball** (mozzarella, meatballs, pizza sauce)																	
	12"		374	850	40	20.0	1.0	95	2220	80	9	7	45	10%	6%	40%	60%

WRAPS Plain Flour (*flour tortilla, cheese, lettuce, tomato, green pepper, onions, Italian dressing)(**flour tortilla, cheese, lettuce, bacon, croutons, caesar dressing)																	
Assorted (turkey, ham, salami)*	whole	359	630	32	12.0	0.4	55	1700	61	4	4	25	4%	60%	30%	30%	
Ham*	whole	375	620	29	11.0	0.4	50	1970	60	4	5	28	4%	60%	30%	25%	
Turkey*	whole	366	590	29	11.0	0.4	50	1490	60	4	4	24	4%	60%	30%	30%	
Roast Beef*	whole	354	620	29	11.0	0.4	60	1940	60	4	4	26	4%	60%	30%	30%	
Club (turkey, ham, bacon)*	whole	379	650	32	12.0	0.4	55	1830	60	4	5	29	4%	60%	30%	25%	
BLT*	whole	329	650	35	13.0	0.4	60	1480	60	4	4	25	4%	60%	30%	25%	
Veggie*	whole	311	560	28	10.0	0.4	40	1280	59	4	4	19	4%	60%	30%	25%	
Greek*	whole	383	720	42	18.0	0.5	80	2550	64	4	4	25	4%	60%	35%	35%	
Chicken*	whole	354	610	28	11.0	0.4	65	1630	60	4	4	27	4%	60%	30%	30%	
Chicken Caesar**	whole	394	860	53	15.0	0.5	90	1890	63	5	5	31	25%	80%	35%	35%	
WRAPS SoSensible (*flour tortilla, cheese, lettuce, tomato, green pepper, onions, Italian dressing)(**flour tortilla, cheese, lettuce, bacon, croutons, caesar dressing)																	
Assorted (turkey, ham, salami)*	whole	359	620	32	12.0	0.4	55	1200	58	5	4	26	4%	60%	45%	25%	
Ham*	whole	375	610	30	11.0	0.4	50	1470	58	5	5	29	4%	60%	45%	25%	
Turkey*	whole	366	590	29	11.0	0.4	50	990	57	5	4	25	4%	60%	45%	25%	
Roast Beef*	whole	354	610	29	11.0	0.4	60	1440	58	5	4	27	4%	60%	45%	30%	
Club (turkey, ham, bacon)*	whole	379	640	33	12.0	0.4	55	1330	58	5	5	30	4%	60%	45%	25%	
BLT*	whole	329	640	35	13.0	0.4	60	980	57	5	4	26	4%	60%	45%	25%	
Veggie*	whole	311	550	28	10.0	0.4	40	780	57	5	4	20	4%	60%	45%	25%	
Greek*	whole	383	720	42	17.0	0.5	80	2050	62	5	4	26	4%	60%	50%	35%	
Chicken*	whole	354	600	28	10.0	0.4	65	1130	58	5	4	28	4%	60%	45%	25%	
Chicken Caesar**	whole	394	850	53	15.0	0.5	90	1390	61	6	5	32	25%	80%	50%	30%	
WRAPS Whole Wheat (*whole wheat tortilla, cheese, lettuce, tomato, green pepper, onions, Italian dressing)(**whole wheat tortilla, cheese, lettuce, bacon, croutons, caesar dressing)																	
Assorted (turkey, ham, salami)*	whole	362	630	33	12.0	0.4	55	1690	58	7	4	27	4%	60%	30%	25%	
Ham*	whole	378	620	31	11.0	0.4	50	1960	58	7	5	30	4%	60%	30%	20%	
Turkey*	whole	369	590	30	11.0	0.4	50	1480	57	7	4	26	4%	60%	30%	20%	
Roast Beef*	whole	356	610	30	11.0	0.4	60	1930	57	7	4	28	4%	60%	30%	25%	
Club (turkey, ham, bacon)*	whole	382	650	34	12.0	0.4	55	1820	58	7	5	31	4%	60%	30%	20%	
BLT*	whole	331	650	36	13.0	0.4	60	1470	57	7	4	26	4%	60%	30%	20%	
Veggie*	whole	314	560	29	10.0	0.4	45	1270	57	7	4	21	4%	60%	30%	20%	
Greek*	whole	385	720	43	17.0	0.5	80	2540	61	7	4	27	4%	60%	35%	30%	
Chicken*	whole	356	600	29	10.0	0.4	65	1620	58	7	4	28	4%	60%	30%	25%	
Chicken Caesar**	whole	396	850	54	15.0	0.5	90	1880	61	8	5	33	25%	80%	35%	30%	
WRAPS SoSensible Whole Wheat (*whole wheat tortilla, cheese, lettuce, tomato, green pepper, onions, Italian dressing)(**whole wheat tortilla, cheese, lettuce, bacon, croutons, caesar dressing)																	
Assorted (turkey, ham, salami)*	whole	362	620	32	12.0	0.4	55	1200	58	7	4	26	4%	60%	45%	25%	
Ham*	whole	378	610	30	11.0	0.4	50	1470	58	7	5	29	4%	60%	45%	20%	
Turkey*	whole	369	590	29	11.0	0.4	50	990	57	7	4	25	4%	60%	45%	25%	
Roast Beef*	whole	356	610	29	11.0	0.4	60	1440	58	7	4	27	4%	60%	45%	25%	
Club (turkey, ham, bacon)*	whole	382	640	33	12.0	0.4	55	1330	58	7	5	30	4%	60%	45%	25%	
BLT*	whole	331	640	35	13.0	0.4	60	980	57	7	4	26	4%	60%	45%	20%	
Veggie*	whole	314	550	28	10.0	0.4	45	780	57	7	4	20	4%	60%	45%	20%	
Greek*	whole	385	710	43	18.0	0.5	80	2050	62	7	4	26	4%	60%	50%	30%	
Chicken*	whole	356	600	29	11.0	0.4	65	1130	58	7	4	28	4%	60%	45%	25%	
Chicken Caesar**	whole	396	850	53	15.0	0.5	90	1390	61	8	5	32	25%	80%	50%	30%	
SALADS																	
Caesar	Side (1 dressing)	whole	132	340	31	5.0	0.2	25	560	11	2	5	4	20%	30%	6%	10%
(romaine, bacon, croutons, parmesan cheese)	Regular (1 dressing)	whole	189	400	34	7.0	0.3	30	720	17	3	6	7	35%	45%	8%	15%
	Large (2 dressing)	whole	349	780	67	13.0	0.5	60	1440	34	5	11	13	60%	80%	15%	30%
Chicken Caesar	Side (1 dressing)	whole	160	370	31	6.0	0.2	40	800	12	2	5	9	20%	30%	6%	10%
(chicken, romaine, bacon, croutons, parmesan cheese)	Regular (1 dressing)	whole	246	460	35	7.0	0.3	60	1190	19	3	6	17	35%	45%	8%	20%
	Large (2 dressing)	whole	434	880	69	14.0	0.5	105	2140	36	5	11	28	60%	80%	15%	35%
CHICKEN																	
Barbeque Chicken Wings	6 pieces	200	360	18	5.0	0.0	170	1480	18	0	14	32	0%	8%	4%	10%	
Honey Garlic Chicken Wings	6 pieces	200	460	28	7.0	1.0	190	1280	12	2	10	38	0%	0%	4%	6%	
Red Hot Chicken Wings	6 pieces	200	440	32	7.0	0.5	190	1640	4	0	2	36	0%	0%	4%	6%	
Chicken Chunks	6 pieces	200	440	20	2.0	0.4	90	1040	31	0	2	33	0%	0%	8%	25%	
STRIPS AND BREADS																	
Garlic Strips	2 strips	101	230	2	0.5	0.0	0	380	46	4	5	8	0%	2%	2%	15%	
Cheeseey Strips	2 strips	125	300	6	3.0	0.2	10	540	47	4	5	15	4%	2%	20%	20%	
Cinnamon Strips (does not include Sweet Icing)	2 strips	100	240	5	1.0	0.0	0	340	45	4	7	7	0%	2%	0%	15%	
Garlic Bread	2 pieces	40	100	1	0.3	0.0	0	390	19	1	2	4	0%	0%	2%	8%	
Garlic Bread with Cheese	2 pieces	54	140	4	2.0	0.0	5	480	19	1	2	7	0%	0%	10%	6%	
DIPPING SAUCE																	
Garlic Caesar	1 container	42ml	260	28	4.0	0.2	15	320	1	0	0	1	0%	0%	2%	2%	
Ranch	1 container	42ml	220	23	3.5	0.3	10	340	3	0	2	1	0%	0%	2%	0%	
Cheddar Chipotle	1 container	42ml	200	21	3.0	0.3	15	410	2	0	1	1	2%	0%	2%	0%	
Marinara	1 container	42ml	25	1	0.1	0.0	0	210	5	1	3	1	4%	10%	0%	2%	
BBQ	1 container	25ml	40	0	0.0	0.0	0	200	9	0	8	0.2	0%	2%	0%	0%	
Plum	1 container	25ml	60	0	0.1	0.0	0	230	14	0	10	0	0%	0%	0%	0%	
Frank's RedHot Sauce	1 container	44ml	10	0	0.0	0.0	0	1600	2	1	1	0.4	0%	0%	0%	2%	
Sweet Icing	1 container	44ml	230	13	2.0	0.1	0	55	26	0	22	1	0%	0%	4%	0%	

This information provided by New Orleans Pizza Canada Inc. regarding our food is as complete as possible at the time of this publication: June 2011. The information on this list is reported to us by our suppliers and is based on New Orleans Pizza Canada Inc.'s standard product

New Orleans Pizza Canada Inc., its franchisees, and employees, do not assume responsibility for a person's sensitivity or allergy to any food item provided in our restaurants. Please always consult your healthcare practitioner for questions regarding your diet.

We encourage anyone with food sensitivities, allergies, or special dietary needs to check www.neworleanspizza.ca on a regular basis to obtain the most up-to-date information about our food before you order.



Serving Size	Weight (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Fibre (g)	Protein (g)	School Nutrition Category (Sell Most)
--------------	------------	---------------	-------------------	---------------	-------------	-----------	-------------	---------------------------------------

PIZZA (Large 14")										
Cheese	8 Slices	1 slice	104	5	2.5	0.1	440	3	11	By major ingredient: See pizza ingredients
Pepperoni and Cheese	8 Slices	1 slice	109	7	3.5	0.1	530	3	12	By major ingredient: See pizza ingredients
Hawaiian	8 Slices	1 slice	118	5	2.5	0.1	490	3	12	By major ingredient: See pizza ingredients
Cheese	10 Slices	1 slice	82	4	2.0	0.1	360	2	9	By major ingredient: See pizza ingredients
Pepperoni and Cheese	10 Slices	1 slice	86	6	2.5	0.1	430	2	9	By major ingredient: See pizza ingredients
Hawaiian	10 Slices	1 slice	93	4	2.0	0.1	400	2	9	By major ingredient: See pizza ingredients
Mini Pizza Roll-Up (whole wheat tortilla)		whole	112	13	5.0	0.2	600	3	14	By major ingredient: See pizza ingredients
Mini Panzerotti (pepperoni and cheese)		whole	158	9	4.0	0.2	780	5	15	Mixed dish with NFP

SANDWICHES (whole wheat bun)										
Ham & Cheese 6" Sub		whole	142	6	2.5	0.2	910	3	16	Mixed dish with NFP
Turkey & Cheese 6" Sub		whole	115	5	2.0	0.2	640	3	11	Mixed dish with NFP
Ham & Cheese Wrap		whole	122	9	3.0	0.1	710	4	14	Mixed dish with NFP

CHICKEN										
Chicken Chunks plus plum or BBQ Sauce		3 or 4 pcs.	90	9	1.0	0.0	470	0	15	By major ingredient

PIZZA INGREDIENTS (Large 14")										
Whole Grain Pizza Dough	8 Slices	1 slice	65	1	0.0	0.0	240	3	5	
Pizza Sauce	8 Slices	1 slice	17.8	0	0.0	0.0	61	0.2	0.2	
Pizza Mozzarella	8 Slices	1 slice	21	3.7*	2.4	0.1	140	0	6	*Note: Pizza mozzarella cheese is 18.0-19.0% Milk Fat and 20% DV Calcium.
Pepperoni	8 Slices	1 slice	5	2	0.8	0.0	90	0	1	
Diced Ham	8 Slices	1 slice	5	0.2	0.0	0.0	51	0	0.7	
Pineapple	8 Slices	1 slice	9	0	0.0	0.0	0	0	0	
Whole Grain Pizza Dough	10 Slices	1 slice	51	1	0.0	0.0	200	2	4	
Pizza Sauce	10 Slices	1 slice	14	0	0.0	0.0	48	0.1	0.2	
Pizza Mozzarella	10 Slices	1 slice	17	3*	2.0	0.1	112	0	5	*Note: Pizza mozzarella cheese is 18.0-19.0% Milk Fat and 20% DV Calcium.
Pepperoni	10 Slices	1 slice	4.2	1.6	0.6	0.0	75	0	0.9	
Diced Ham	10 Slices	1 slice	4	0.1	0.0	0.0	41	0	0.6	
Pineapple	10 Slices	1 slice	7	0	0.0	0.0	0	0	0	
Whole Wheat Wrap (for Mini Rollup)		whole	54	3.9	0.5	0.0	120	2.5	4.4	
Pepperoni (for Mini Rollup)		whole	14	5.4	2.0	0.0	248	0.3	3	

New Orleans School Menu Ingredient and Allergen List

ITEM	INGREDIENT LIST	ALLERGEN INFO.
PIZZA & ROLLUP MAJOR INGREDIENTS		
Whole Grain Pizza Dough	Whole grain whole wheat flour, enriched wheat flour, water, sugar, salt, vegetable oil, yeast.	Allergen: wheat
Pizza Sauce	Crushed tomatoes, water, salt, sugar, garlic powder, spices.	Allergen: None
Pizza Mozzarella	Partly skimmed milk, modified milk ingredients, bacterial culture, salt, calcium chloride, microbial enzyme.	Allergen: Milk
Pepperoni	Pork and/or beef, water, salt, spices, dextrose, sodium erythorbate, oleoresin of paprika, smoke flavour, garlic powder, oleoresin of spice, bacterial culture, sodium nitrite.	Allergen: May contain soy
Diced Ham	Pork, water, salt, sugar, dextrose, sodium phosphate, carrageenan, smoke flavour, sodium ascorbate, sodium nitrite, smoke. May contain hydrolyzed soy protein, brown sugar, spices, sodium erythorbate, maple flavour, maple syrup, honey, caramel, gelatin.	Allergen: Soy
Pineapple	Pineapple, pineapple juice, citric acid.	Allergen: None
Whole Grain Whole Wheat Wrap	Whole grain whole wheat flour, whole wheat flour, water, canola oil, baking powder, potassium sorbate, vegetable monoglycerides, sodium stearyl-2-lactylate, salt, sodium propionate, fumaric acid, cellulose gum, guar gum, xanthum gum, calcium sulfate.	Allergen: Wheat, May contain soy and sulphites.
OTHER MENU OPTION - MAJOR INGREDIENT		
Chicken Chunks	Chicken breast pieces, water, soy protein isolate, sodium phosphate, salt, spices: In a breading (wheat flour, water, yellow corn flour, corn starch, salt, dextrose, spices, guar gum, canola oil).	Allergens: Gluten (wheat), Soy.
INGREDIENTS - MIXED DISH		
Whole Wheat Sub Bun	Enriched wheat flour, wheat bran, Water, Vegetable oil, salt, sugar, soya flour, yeast, calcium propionate, monoglycerides, sodium stearyl-2-lactylate.	Allergen: Wheat, Soy
Turkey Slices	Turkey breast meat, water, salt, corn syrup solids, sodium phosphate, flavour, carrageenan, smoke flavour, sodium nitrite, smoke.	Allergen: None
Ham Slices	Pork, water, sugar and/or dextrose and/or glucose solids, potassium lactate, potassium chloride, flavour, salt, sodium phosphate, sodium diacetate, sodium erythorbate and/or sodium ascorbate, carrageenan, rice flour, smoke flavour, sodium nitrite, spices.	Allergen: None
Sub Cheese	Cheese (milk, modified milk ingredients, bacterial culture, salt, calcium chloride, rennet and/or pepsin and/or microbial enzyme, lipase), modified milk ingredients, water, sodium citrate and/or sodium phosphate, salt, potassium sorbate, citric acid, carboxymethyl cellulose, colour, lecithin.	Allergen: Milk, Soy.

This information is as complete as possible at the time of this publication: September 2010.
 Nutrition information was obtained through Nutracoster Professional Nutritional Analysis Software and supplier provided information.